Codman Square Health Center
Connection
Fall 2013

CHAMPIONS COOK FOR WOMEN'S HEALTH

Governor Deval Patrick is served food from Darryl's Corner Bar & Kitchen by New England Patriots Alum Eric Alexander.

Men of Boston Cook for Women's Health
page 2

Young Patient Becomes An Intern
page 3

UMASS Educates Patients on Tdap
page 3

Codman Staffer Helped Bomb Victims
page 4

Ethiopia
page 4

Host Susan Wornick, Robert MacEachern, CSHC Board President, Mayor Thomas M. Menino, and Sandra Cotterell, CSHC CEO.

Recognized as one of the Top 10 Food and Wine events in Boston for the third straight year, Men of Boston Cook for Women's Health has grown to embody not only an essential fundraiser for women's health programs at Codman Square Health Center, but it has also become a premiere event for restaurants to show off their delicious food with the help of Boston's most well-known celebrities. This year's Men of Boston for the first time featured alumni from three Boston Sports teams: the Boston Celtics (JoJo White), Boston Red Sox (Sam Horn), and New England Patriots (Eric Alexander, Patrick Pass and Jermaine Wiggins).

In addition to all of the athletes, Men of Boston was a showcase of political power with Governor Patrick, former Governor Dukakis, Mayor Menino, and newly elected Mayor Marty Walsh, all making appearances. Mayor Menino was honored with the first ever Celebrity Chef Emeritus Award for his unflinching support over all the years of Men of Boston. Yet though the star-studded lineup at Men of Boston has always been a draw for crowds, it is always the amazing food that provides the greatest satisfaction. With 25 of the Boston area's best restaurants serving up signature dishes, there was no shortage of delicious food to try. *(cont. pg 3)*

THANK YOU to all the following Sponsors for **Men of Boston** 2013

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YOUNG CODMAN PATIENT BECOMES AN INTERN

Daniel Awad, RN speaks with Avery Nicholas

After the July session at Camp Harbor View, Avery Nicholas began a two week internship at Codman Square Health Center in August. Codman is a familiar place to Avery and his family – he and his sister have been Codman patients all their lives. Avery's internship allowed him to experience the other side of the waiting room while he worked job-shadowing nurses in Internal Medicine, and conducting surveys about patient experience. Being in this professional environment as an intern was very influential for Avery, "It made me even more excited to pursue my goal of becoming a nurse," Avery said. "My internship experience gave me a new, deeper understanding of everything the job requires."

Lisa Golden-Nicholas, Avery's mother, has definitely noticed the impact the Camp Harbor View experience has had on her son; "I truly believe what he learned as a camper and as an employee of Camp Harbor View has helped him commit to his career path and work hard to achieve his goals."

Codman Square truly appreciated Avery's contribution to the Health Center during his internship. "It was a special benefit to have Avery at Codman. When there was shortage of staff, Avery was able to step into a needed role and there was never a stop in the flow of the workday," said Trudy Griffin, staff member at Codman Square Health Center. Trudy also said, "While working with Avery, we would stop thinking of him as an intern and see him as another staff member. I would recommend that Avery return to Codman next summer for an internship. Camp Harbor View should be proud to send Avery Nicholas to any site. He represented them to the utmost."

Avery's internship was made possible through a partnership between Camp Harbor View and Partners HealthCare. "Expanding the economic and educational opportunities available to Boston's youth is central to our mission at Partners HealthCare, as we know opportunity is critical to improving community health," said Matt Fishman, Partners Vice President for Community Health. Codman Square Health Center is proud to partner with these two great organizations to enrich the lives of Boston youth.

UMASS HELPS EDUCATE PATIENTS ABOUT TDAP

On Friday, October 26th four students from The University of Massachusetts, Amherst set up an education booth for the Tdap vaccine in the urgent care waiting room. Danielle Stokes, RN one of the students from UMASS is a current staff member at Codman and went about setting up the informational booth on her own intiative. Their goal was to inform the Dorchester community that the Tdap vaccine can protect adolescents and adults from tetanus, diphtheria, and pertussis. One dose of Tdap is routinely given at age 11 or 12. People who did not get Tdap at that age should get it as soon as possible. Tdap is especially important for health care professionals and anyone having close contact with a baby younger than 12 months. Pregnant women should get a dose of Tdap during every pregnancy, to protect the newborn from pertussis. Clients were receptive to the information, asked questions and were eager to learn about the Tdap vaccine. Codman is grateful for the initiative and hard work of so many employees like Danielle who go out of their way to help patients learn about their health care.

UMASS students Mary Polansky, Eric Hammer, and Danielle Stokes, RN speak with patient, Albert Brown.

More information on Tdap can be found at: http://www.cdc.gov/vaccines/hcp/vis/vis-statements/tdap.html

CHAMPIONS COOK FOR WOMEN'S HEALTH

(continued from front pg)

Sponsors, including Executive Chef Sponsor Partners HealthCare, and over 1,000 attendees raised over $250,000 in support of women's health programs. Last year's funds were used for our new expansion which features newly renovated space for expanded mammography services and brand new group medical visit rooms currently being utilized by programs like our Prenatal Centering Groups, our Single Mother's Support Group, and our Parent and Child Playgroups with Project LAUNCH.

CODMAN STAFF MEMBER HELPED BOMBING VICTIMS

On the day Boston faced it's greatest tragedy in recent history, Codman's own Kathleen Roberts was on the front lines of providing care for the victims of the Marathon Bombing. As a member of Brigham and Women's Hospital's diagnostic radiography team, Kathleen helped perform portable and initial diagnostic imaging of the injured patients received at Brigham and Women's. Of the 39 patients that came into the hospital, all within 90 minutes of the blasts, none of the injured patients treated at the hospital died. This impressive display of effective and efficient care is due in part to the radiography team.

The most recent edition of the National Radiology Magazine, Scanner, featured a story on the work of Kathleen's radiography team at Brigham and Women's Hospital during the events following the bombing. Codman is proud of Kathleen and her great work in the face of such tragedy.

HOLISTIC APPROACHES TO HEALTHCARE

At the beginning of October Scotland Huber, Codman's marketing manager, took a trip to Ethiopia to support the ACT (AIDS Care and Treatment) Project, a medical mission serving HIV patients in a variety of neighborhoods in Addis Ababa. Scotland's team included five providers and a variety of other health professionals, who were successful in running health clinics for over 600 individuals. Half of the individuals served were participants of the ACT Project, and the other half were government referrals who, if they met certain qualifying conditions, would be invited into the Project.

Providers examine an x-ray at clinic in Addis Ababa.

Sarah Stowell, NP examines a child during a home visit in Addis Ababa.

Whether managing patients living with HIV in Addis Ababa, Ethiopia or helping individuals live with diabetes in Dorchester, Massachusetts, Scotland observed that a holistic approach to health becomes critical to properly caring for a community and its individuals. "The largest health need in both Dorchester and Addis is poverty. Though the level of poverty may look different, both ACT and Codman approach healthcare for these communities as more than just treatment of sickness, they are attempting to move a whole community towards a better standard of living," stated Scotland. "It was inspiring to see a different embodiment of a similar concept to the way Codman does its innovative care but locally applied in Ethiopia." For more information on the ACT Project visit mtwact.org.

WELCOME TO THE CAMPUS, KINDERGARTENERS

This September, Codman Academy Charter Public School welcomed its inaugural class of K1 and K2 students. As the Health Center and school share an open campus, it has been a joy for many staff members to get to know and have the energy of a number of young students around. Codman Academy will soon be expanding their student body to include the full range of K through 12 students.

K1 students listen during a class at Codman Academy.

Codman Square
Health Center

637 Washington St
Dorchester, Massachusetts 02124
617-825-9660 | codman.org