

CSA SHARE INCLUDES

The CSA includes local, fresh, produce from the New England harvest. Each week there will be a mix of vegetables and fruits that are harvested that day or the day before and is enough to fill two large shopping bags.

Early in the season your share may include varieties of:

Salad Greens	Squash
Spinach	Corn
Peppers	Basil
String Beans	Cucumbers
Grapes	Basil
Flowers	Tomatoes
Strawberries	Raspberries
Blueberries	Pea Tendrils
Heirloom Tomatoes	

Later in the season your share may also include varieties of:

Onions	Broccoli
Carrots	Eggplant
Turnips	Parsnips
Currants	Melons
Apples	Peaches
Asian Pears	Winter Squash
Fingerling Potatoes.	

Other products that may be in your share: Bread, cheese, eggs, honey, jam, herbs, and potted plants are occasionally

JOIN OUR CSA

Participate in the CSA, with Silverbrook Farm from Dartmouth, MA and secure the success of the market.

CSA members:

- Get the newest produce first;
- Have a pick up area to share and trade produce;
- Receive two large shopping bags of produce each week;
- Are updated each week about what's coming next



Codman Square FAMILY Farmers' Market CSA

June 25–October 29
Thursdays 1–6 pm



Brought to you by the
Codman Square Health Council.
Organized by FAMILY, Inc.



www.familysystem.net

WHAT IS CSA?



CSA (Community Supported Agriculture) is investment in local farms. A CSA is a group of people that agree to purchase products from a local farm in advance. You purchase a share of the farm and each week pick up your fresh organic produce at the Farmers' Market.

You will also:

- Support farms that grow organically and protect natural resources.
- Support local economy and preserve open space.
- Reduce the number of miles your food travels and the amount of fossil fuels used.
- Promote sustainable agriculture.
- Know the farmer that is growing your food.

CSA SHARE COST

A Family Share for 19 weeks is \$550; a Half Share is \$325.

Send your check and membership form to:

Silverbrook Farm
592 Chase Road
Dartmouth, MA 02747

Apply or pay online at www.silverbrookdartmouth.com/csa.html. Credit card processing fees apply.

**Full payment due by
May 15th.**

Buying a CSA upfront guarantees your share of the farm and allows farmers to make a living wage.



CSA PICK UP

Thursdays
1–6 p.m.
June 25th to October 29th
Codman Square Health Center
637 Washington Street
Dorchester, MA 02124



For more information call
FAMILY, Inc. at (617) 822-8278
www.familysystem.net

